Pregnancy Center Plus

lifetimes

SUMMER 2026

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Hit the Links for PCPlus: Golf Fore Life 2026!

Get ready for a fantastic day of golf, fellowship, and fun at the picturesque **Terrace Park Country Club**! Join us on **Monday, September 21**, for our annual **Golf Fore Life** event benefiting PCPlus. Whether you are hitting the links or joining us for the festivities afterward, your support directly fuels our life-affirming ministry.

Schedule of Events

- **11:00 AM:** Check-in & Lunch
- **12:30 PM:** Shotgun Start (Scramble Tournament)
- **5:30 PM – 8:00 PM**: 19th Hole Party

Every golf package includes 18 holes with a cart, lunch, dinner, on-course beverages, exclusive tee prizes, and access to putting contests, games, and raffles. The 19th Hole Party is included in every golf package!

Non-Golfers: Join the 19th Hole Party!

Not a golfer? You don't have to miss out! Join us at the Terrace Park Clubhouse from **5:30 PM to 8:00 PM** to unwind and celebrate. Tickets include a casual country club buffet, an open bar, a delicious dessert bar, and entry to our lively raffles and games.

Bid From Anywhere: Online Auction

Can't make it in person? You can still bring home something incredible while supporting PCPlus. Our online auction features vacations, restaurant gift certificates, themed baskets, local art, jewelry, wine, premier bourbon, and more.

- **Online Bidding Opens:** Monday, September 7
- **Online Bidding Closes:** Monday, September 21 at 8:00 PM
- *Items are added weekly, so check back often!*

Partner with Purpose: Become a Sponsor!

Showcase your business to hundreds of event attendees and **reach approximately 5,000 households** with a featured listing in our fall newsletter.

Sponsorships are a powerful way to market your business while investing in a cause you believe in. Explore our sponsorship levels and benefits online. For special sponsorship opportunities, call Tracy Green at 513-550-2844.

Sponsorship Levels

- **$400 | Hole Sponsor**
- **$1,500 | Lunch Sponsor**
- **$2,500 | Bar Sponsor**
- **$3,000 | Dinner Sponsor**
- **$5,000 | Online Auction/Raffle Sponsor**
- **$7,500 | Cart Sponsor**
- **$10,000 | Course Sponsor**
- **$25,000 | Country Club Sponsor**
- **$40,000 | Event Underwriter**

To sponsor (and see benefits), RSVP for golf or the 19th Hole Party, use the QR Code, or visit SupportPCPlus.org.

Virtue, Faith, and Fun:

Recapping the "Created" Teen Retreat!

This summer (July 22–24), the Jesuit Spiritual Center came alive with energy, faith, and fellowship as our Chastity Education department hosted **Created: A Theology of the Body Retreat for Teens.**

Middle and high school students from across Cincinnati and Northern Kentucky gathered to dive deep into a powerful question: *How can I be the man or woman God created me to be?*

Inspiring the Next Generation

Through dynamic keynotes from well-known local speakers, participants explored how to integrate virtue into their daily lives and look ahead to their future vocations. The three days were a beautiful balance of spiritual growth and high-energy adventure!

- **Spiritual Renewal:** Sacraments were available to all participants throughout the retreat, offering moments of deep reflection and grace.
- **Unforgettable Fun**: Exciting games, laughter, and team-building activities were never lacking!

Making an Impact—At No Cost

Because of the incredible generosity of our supporters, this life-changing retreat was offered **completely free of charge** to every participant. The response from families has been overwhelmingly positive:

"The retreat is amazing and the kids love it. Everything they present is relevant and the kids love learning from them."
- A Grateful Retreatant Parent

"The retreat was exactly what I needed, and it was so fun!"
- Sophomore Student

A Heartfelt Thank You

An event of this scale is only possible because of you. We want to extend our deepest gratitude to all our supporters, attendees, and the incredible volunteers who poured their hearts into making this yearly retreat a success.

We are already counting down the days until next summer!

From our Mailbag...

A Free (and Fast!) Way to Help Us: Why Your Google Review Matters

★ Did you know there is a powerful way to support our mission without spending a penny? When someone searches on Google for the services we provide, Google decides who to show first based on online ratings. That means your feedback is incredibly important!

★ By taking just one minute to leave us a 5-star rating, you help us:
- **Stand out** online so more women and men who need our help can actually find us.

★
- **Build trust** with new clients who are looking for a safe, reliable place to turn.

★
- **Stay visible** on Google searches completely for free.

★ You don't even need to write a long paragraph! Just tapping those five stars makes a massive difference.

EASY AS THIS:
1. Open the camera on your smart phone.
2. Scan the QR code.
3. Tap 5 stars and hit submit!

Name _____ Phone _____

SEPTEMBER 21, 2026
Terrace Park Country Club
Donation: $10 each, 8 for $50 or 20 for $100
Winner need not be present to win.

For Golfers & Non-Golfers

1st Prize: $1,000
2nd Prize: $500
3rd Prize: $250

RAFFLE TICKET

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Show your support by purchasing these raffle tickets.
You do not need to be present to win.
Just return them in the enclosed envelope.

Pregnancy Center Plus
4760 Madison Road | Cincinnati, OH 45227
SupportPCPlus.org

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When Secrets Surface:

One Family's Journey Through Post-Abortion Healing

by Laura Curran, Executive Director

Sandra* called Pregnancy Center Plus, reeling from a conversation she had just had with her adult daughter, Jackie*. Amid a tense discussion about Jackie's apparent lack of direction, the truth finally fractured the surface. Jackie blurted out, "Mom, I had an abortion last year."

Sandra's face could not hide her shock and disappointment. *How was she supposed to process this revelation?*

In an instant, her mind was flooded with questions: *Hadn't I raised her to value human life? What could I have done differently? Why didn't she come to me for help? How am I supposed to grieve the grandchild I will never know?*

We immediately connected Sandra with one of our counselors who has personal experience in this area. These specialized client advocates are trained to gently support both the women who have experienced abortion and the hurting family members who are impacted by the decision.

Recognizing the Signs of Silent Suffering

Looking back, Sandra realized she had seen subtle changes in Jackie over the past year, but she hadn't been able to pinpoint the cause. Jackie had increasingly withdrawn from family events such as baby showers and baptisms. How was Sandra to know that her daughter was suffering in absolute silence?

Jackie was exhibiting many of the classic symptoms common among women struggling with the aftermath of an abortion:

- **Intense Anxiety and Depression:** Frequent emotional distress and mood shifts.
- **Sleep Disturbances:** Insomnia or vivid, recurring nightmares.
- **Flashbacks:** Intrusive thoughts about the abortion or the lost child.
- **Masked Grief:** Deep sorrow that manifests outwardly as anger or irritability.
- **Social Isolation:** A loss of interest in previously enjoyed activities.
- **Coping Mechanisms:** Increased alcohol or substance use to numb the pain and "forget."
- **Self-Destructive Behaviors:** Engaging in unhealthy relationships, eating disorders, or experiencing suicidal ideation.

**Pseudonym*

The Statistics in the Pews

Our counselor explained to Sandra that Jackie is far from alone. Statistics show that one in four women will have an abortion by the age of 45 —a reality that deeply affects just as many men. Furthermore, an estimated 24% to 27% of these women identify as Catholic.

Many describe feeling completely trapped—alternating between emotional numbness and reliving the trauma. Out of shame, the vast majority keep their pain a secret for years, or even decades, before finally confiding in a trusted loved one.

To help Jackie lighten the burden, our client advocate gave Sandra a roadmap of compassion:

1. **Listen without judgment:** Allow her to pour out her entire story without interruption. Let her release the weight of the secret.
2. **Be patient with her timeline:** Understand that her grief, regret, and trauma will not subside after just one conversation. Healing is a process, not an event.
3. **Reassure her of your unconditional love:** Tell her how sorry you are for the pain she has endured and reassure her that your love for her has not changed.
4. **Point the way to restoration:** Gently encourage her to connect with PCPlus or Project Rachel, the post-abortion healing ministry of the Archdiocese.

The Road to Forgiveness

The very next week, Jackie summoned the courage to walk through the doors of PCPlus. She was ready to take the next step on her road to recovery.

In addition to receiving compassionate, professional support, Jackie was connected with a priest uniquely trained in post-abortion pastoral care. Through this gentle accompaniment, Jackie was introduced to the profound love and total forgiveness that Jesus offers. Today, Jackie and her mother are actively walking the path of healing and closure—the very transformation that many women and men so desperately seek.

Hope and Healing are Possible

If you or a loved one is struggling from a past abortion decision, you are not alone. For confidential, compassionate, and non-judgmental support, contact PCPlus today at 513-321-3100 or supportpcplus.org/post-abortive-care/

Pregnancy Center Plus

4760 Madison Road Cincinnati, OH 45227

(513) 321-3100
information@PCPlus.org
PCPlus.org
SupportPCPlus.org

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CINCINNATI OH
PERMIT 6039

If you wish to UNSUBSCRIBE, please send your email request with your name and address to jclair@PCPlus.org

Boots, Bottles & Big Hearts

Over 200 supporters came together at Mojave East to celebrate the mission of Pregnancy Center Plus at this year's *Boots & Bottles*! The evening was filled with Southwestern charm, featuring mouthwatering BBQ, refreshing signature margaritas, lively country music, delicious desserts, and plenty of opportunities for guests to connect while supporting Life.

We are deeply grateful to our sponsors and everyone who helped make the evening possible. Special thanks to the staff at Mojave East for their outstanding hospitality, Harmon's BBQ for an unforgettable meal, our dessert sponsors—Breadsmith, Edy's Taste, Bluebird Bakery, and the many friends of PCPlus who always enthusiastically say "yes"—along with Colleen McKenna for the wonderful live music, and Gussied Up for the fun custom hat bar experience.

A special thank you to Easley Blessed Social Butterfly for providing the photo booth and photography, to the many individuals and businesses who generously donated raffle baskets and prizes; to our incredible volunteers; and to every guest whose generosity, enthusiasm, and support made *Boots & Bottles* an unforgettable evening.